



**BOYS & GIRLS CLUBS
OF SAN DIEGUITO**

DANCE CLASS SCHEDULE

All dance classes run September 2nd through May 30, 2015.

**ALL DANCE
CLASSES RUN
ON A MONTH TO
MONTH BASIS.
SIGN-UP
ANYTIME!**

TUESDAY CLASSES	BEGINNING BALLET	This beginning ballet class combines poise, technique and basic ballet terminology for ages 4-5 years old. Your ballerina will love this class that focuses on core ballet skills while still have a fun and creative experience. Imaginative play and creative movement are still fundamental concepts in this fun and graceful class.	Ages 5-6	Tuesdays 3:45-4:30pm
	TEEN HIP HOP	This class specifically for teens will explore all the variations of hip hop. If you like So You Think You Can Dance or America's Best Dance Crew, this is the class for you! Learn to break dance, video-style hip hop and free styling.	Ages 12+	Tuesdays 4:30-5:15pm
	CONTEMPORARY	Students who wish to move on beyond classical ballet into different styles will love this combo class that incorporates both contemporary and modern into a 45 minute class. Students love the self expression they feel as they learn to tell their own story in the harmonious blending of these two dance styles.	Ages 8-14	Tuesdays 5:15-6:00pm

SATURDAY CLASSES	LITTLE BALLET	This class is perfect for the ballerina or little princess in your life. Learn how to twirl and move to enchanting princess melodies in this magical fairytale class!	Ages 2-4	Saturdays 10:00-10:45am
	BALLET 1	Ballet technique will begin to emphasize correct body placement as well as building their ballet skills. Students will work on posture, technique, balance and choreography in a enjoyable and exciting environment.	Ages 7-12	Saturdays 12:00-12:45pm
	HIP HOP	Do you love break dancing? Want to learn how to pop and lock? Hip-Hop classes teach students this urban dance style in an energetic and creative learning environment.	Ages 7-11	Saturdays 11:00-11:45am